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**Academic Qualification:**

Year Passed	Institution/University and City	Qualification/s Awarded	Division
2018	Sri Satya Sai University Bhopal	PhD	Awarded
2014	Athletic Federation of India	FSTO	Qualified
2011	IGNOU	PGDHRM	First Div
2003	LNCPE	Coaching Certificate course in VolleyBall	First Div
1997	University Grant Commission	National Efficiency Test	Qualified
1996	Delhi University, New Delhi	Masters of Physical Education and Sports	First Div
1994	Delhi University, New Delhi	Bachelor of Physical Education and Sports	First Div
1991	Kendriya Vidyalay Gurgaon	Class XII	Second Div
1989	Kendriya Vidyalay Gurgaon	Class X	First Div

**Academics Responsibilities as Director Physical Education:**

S.No	Responsibility	Undergraduate/Post Graduate	Course Name	Working Hours/week
1	Theory Class	Post Graduate	FEPD-109	1 hour/ week
2	Practical Class	Post Graduate	PEPD-109	2 hours/ week
3	Theory Class B. E	Under Graduate	FE-001	4 hours/week
4	Practical Class B. E	Under Graduate	FE-001	4 hours/ week
5	Practical Class	Under Graduate	FEPD-001	8 hours/week

### **Sports Organization Responsibilities of as Director Physical Education:**

- 1) **Play Fields management:** Making ready to play and practice play fields available to the students of University.
- 2) **Maintenance of Gymnasium and Indoor Sports Activities**
- 3) **Procurement of Sports Goods:** Make available all the necessary sports goods available to the students of University.
- 4) **Maintenance of all Issue and Stock register: Stock register and Issue register maintenance for all the sports equipments purchase and issued to students of University.**
- 5) **Inventory Holder:** Maintenance of all the inventory of the Department of Physical Education.
- 6) **Organizing Professional Sports Training:** Making all arrangements for Professional coaching by professional sports coaches to all the major games to make them prepare for different sports competitions.
- 7) **Inter University Participation:** Sending various sports teams to North Zone Inter University and All India Inter University Tournaments organized by Association of Indian University. Basketball, Football, Kabaddi, Table Tennis teams of NSUT were sent to North Zone Inter University Tournament. Athletics team of the University were sent to All India Inter University Tournament.
- 8) **Delhi University Inter College Participation:** Sent team to different Inter College Tournaments of Delhi University till 2018.
- 9) **Professional College Invitational Participation:** Sending teams to different all India Invitational Professional colleges sports tournaments like IIT Delhi, IIT BHU, IIT Kanpur, BITS Pilani, IIIT Gwalior, IIT Hyderabad, Thapar University, IIT-Roorkee etc.
- 10) **Organization Of InterCollege Sports Festival Triquetra:** Every third year the organization of Triquetra, a Inter College Sports Festival of Professional Colleges of Delhi and NCT at University.
- 11) **Organization Of Annual Sports Day and Prize Distribution Ceremony:** Every Year the Annual Sports day and Prizes Distribution ceremony have been organized at University.
- 12) **Organization of Intra-Murals Competition:** Every Year the Intra-mural sports Competition has been organized within the university.

### **Professional Responsibilities**

1. **Delhi University Sports Council UG Courses:** Nominee of the Delhi University Sports Council for the conduct of admissions under Sports Quota for the different under graduate courses from the year 2015 to 2020.

2. **Delhi University Sports Council Post Graduate Courses:** Nominee of the Delhi University Sports Council for the conduct of admissions under Sports Quota for the different Post-graduate courses from the year 2018-2019.
3. **University NSS Coordinator:** Appointed as the University Coordinator of National Service Scheme of NSUT, in the month of January 2020.
4. **Manager Delhi University Net Ball Team:** Appointed as the Manager of the Delhi University Net Ball Team for All India Inter University Net Ball (M) tournament 2015-2016 at Chandigarh.
5. **Manager Delhi University Foot Ball Team:** Appointed as the Manager of the Delhi University Foot Ball Team for North Zone Inter University Foot Ball (M) tournament 2016-2017 at Punjab.
6. **Manager Delhi University Badminton Team:** Appointed as the Manager of the Delhi University Badminton Team for All India Inter University Badminton (M) tournament 2017-2018 at MD University Rohtak, Haryana.
7. **Manager Delhi University Weight Lifting, Power Lifting and Best Physique North Zone Inter University Tournament:** Appointed as the Manager of the Delhi University Weight Lifting, Power Lifting and Best Physique North Zone Inter University Tournament held at Pathankot.
8. **Member Interview Board:** Appointed as the member of the interview board by the Edcil (India) Limited for the selection of various teaching post at Bhuvneshwar in the year 2016 and 2018.
9. **Member Selection and Search Committee Commonwealth Games:** Appointed as the member of the search and selection committee for the selection of volunteers for the 2010 commonwealth games held at New Delhi.
10. **Presentation Manager Commonwealth Games:** Appointed as a Sports Presentation Manager by the organizing Committee of 2010 commonwealth games. Organized various sports presentation ceremonies at Karni Singh Shooting Range New Delhi and Kadarpur Shooting Range Gurgaon.
11. **Venue Director North Zone Inter University Cricket Tournament:** Appointed as the Venue Director by the Delhi University Sports Council, University of Delhi for the conduct of North Zone Inter University Cricket (M) tournament held at NSIT cricket grounds in the year 2014-2015.
12. **Venue Director All India Inter University Softball (M & W) Tournament:** Appointed as the Venue Director by the Delhi University Sports Council, University of Delhi for the conduct of All India Inter University Softball (M & W) tournament held at NSIT grounds in the year 2014-2015.

13. **Venue Director All India Inter University Table Tennis (M & W) Tournament:** Appointed as the Venue Director by the Delhi University Sports Council, University of Delhi for the conduct of All India Inter University Table Tennis (M & W) tournament held at NSIT in the year 2015-2016.
14. **Convenor Weight Lifting, Power Lifting and Best Physique Inter College Tournament:** Organized the Delhi University Weight Lifting, Power Lifting and Best Physique Tournament 2014-2015 at NSIT.
15. **Venue Director for Weight Lifting, Power Lifting and Best Physique Inter College Tournament:** Organized the Delhi University Inter College Weight Lifting, Power Lifting and Best Physique Inter College Tournament 2017-2018 at NSIT .
16. **Convenor Badminton (Men & Women) Delhi University Admission Under Sports Quota:** Appointed as the convenor of the Delhi University admission Committee for the admission of students under Sports quota-, 2017-2018 and 2018-2019.
17. **Convenor Table Tennis (Men & Women) Delhi University Admission Under Sports Quota:** Appointed as the convenor of the Delhi University admission Committee for the admission of students under Sports quota-2018-2019.
18. **Venue Director for Delhi University Cross Country:** Organized the Delhi University Inter College Cross Country (M&W) race 2017-2018, 2018-2019 at NSIT.
19. **Venue Director for Delhi University Half Marathon:** Organized the Delhi University Inter College Half Marathon (M&W) race, 2017-2018 and 2018-2019 at NSIT.
20. **Convenor Football Inter College Tournament:** Organized the Delhi University Inter College Football Tournament 2016-2017.
21. **Convenor Badminton Inter College Tournament:** Organized the Delhi University Inter College Badminton Tournament 2017-2018.
22. **Meet Director Annual Sports NSUT:** Appointed as the Meet Director to conduct the Annual Sports of NSUT since 2010.
23. **Meet Director Inter-College Sports Festival:** Appointed as the meet Director and organized the Inter-College event "Utkarsh" of different games at NSUT from 2013 to 2015.
24. **TRIQUETRA:** Worked out all the documentation and Started a Inter College event which is being organized by the three Premier Institution of Delhi Government I.e. NSUT,DTU and III-T Delhi on rotational basis with the financial implication bear by each institution on rotation basis.
25. **Organizer Intra-Mural Sports NSUT:** Organized Intra-Murals Sports at NUST since 1999.
26. **Coaching Camp Inter University NetBall: Organized Coaching camp of Netball (Men) at NSUT 2015-2016 for the North Zone Inter University Netball Team.**

## **Responsibilities as Expert, Practical Examiner, Member of the Committees.**

- 1. External Expert of Delhi University Fitness Test:** Appointed as expert for the conduct of Fitness Test and Athletics Trials (M&W) for the admissions on the basis of Sports Quota U.G course of Delhi University, 2016-2017.
- 2. Member All India School Sports Promotion Council:** Appointed as the Council Member of All India School Sports Promotion Council -2016.
- 3. External Expert Chaudhary Charan Singh University, Meerut:** Appointed as the External Expert to conduct BPEd Practical Exam at CCSU, Meerut-2016-2017.
- 4. Paper Setter Ch. Charan Singh University, Meerut :** Question Paper setter for BPEd, MPEd of Ch. Charan Singh University, Meerut
- 5. External Expert University of Delhi:** Appointed as the External Expert to conduct BPEd, MPEd practical examination of the Department of Physical Education, University of Delhi-2017-2018, 2018-2019.
- 6. External Examiner, University of Delhi:** Appointed as external examiner to conduct practical exams of the Department of Physical Education, University of Delhi-2017-2018, 2018-2019, 2019-2020.
- 7. Expert Sports Verification and Physical Fitness Committee Indira Gandhi Institute of Physical Education and Sports Sciences (IGIPES), University of Delhi:** Appointed as external expert to verify the sports certificates and to conduct the Physical Fitness Test of IGIPES, University of Delhi-2017-2018, 2018-2019, 2019-2020.
- 8. External Examiner, Maharishi Dayanand University, Rohtak:** Appointed as external examiner to conduct practical exam of the BPEd, of the Department of Physical Education, M.D University, Rohtak-2017-2018.
- 9. Member Delhi University Sport Council:** Appointed as the member of the Delhi University Sports Council (DUSC), University of Delhi for the Centralized Marking of Merit/Participation Sports Certificates of UG admissions under Sports Quota..
- 10. Member Selection Committee Delhi Technical University (DTU):** Appointed as the member Selection Committee for the appointment of Sports Coaches at Delhi Technical University, Delhi-2018.
- 11. Member Selection Committee Kendriya Vidyalaya Sangathan (KVS):** Appointed as the member Selection Committee for the appointment of Physical Education Teachers at KVS, 2019.

12. **Member Selection Committee Netaji Subhas University of Technology (NSUT):** Appointed as the member Selection Committee for the appointment of Sports Coaches at NSUT, Delhi-, 2015, 2019.
13. **Member Selection Committee-** Member of the Selection committee for the selection for the post of Sports officer at IIIT, Delhi-2013 July.
14. **Member Discipline Committee NSUT:** Appointed as the member Discipline Committee at the Inauguration Ceremony of the Upgradation of NSIT to NSUT, 2018.
15. **Member Discipline Committee NSUT:** Appointed as the member Discipline Committee for the Induction Programme of the Newly admitted students of NSUT, 2019-2020.
16. **Member Induction Programme Committee NSUT:** Appointed as the member of the Induction/ orientation Programme for the newly student admitted to NSUT, 2020-2021.
17. **Member Committee for Association of Indian University:**
18. **Member Committee of designing of NSUT Flag:** Appointed as the member of the Committee framed to design the Flag of NSUT.
19. **Teacher Incharge Venatus (Gaming Society, NSUT):** Appointed as the Teacher Incharge of the Venatus, a gaming society of NSUT
20. **Coordinator Internal Complaint Committee NSUT:** Appointed as the Coordinator Internal Complaint Committee of NSUT to conduct Self Defence Training Programme for the Lady staff and Girls Student of NSUT.
21. **Member Board of Studies for Personality Development Courses NSUT:** Appointed as the member Board of Studies for the Personality Development (Foundation Elective) courses 2019.
22. **Practical Examiner of Post Graduate Exams, Chaudhary Ranbir Singh University, Jind:** Appointed as the Examiner for MPEd exams by CRSU, Jind, Haryana , December 2020.
23. **Expert Board of Post Graduate Studies and Research (BOPGS&R), Chaudhary Ranbir Singh University, Jind:**
24. **Coordinator Independence Day, Republic Day and Netaji Subhas Anniversary Celebration:** Appointed as the Coordinator of the Committee for the celebrations of Independence Day, Republic Day and Netaji Subhas Celebrations at NSUT since 2010.
25. **Member Women Safety NSUT:** Appointed as the Member of the Committee framed for the women safety at NSUT, 2019.
26. **Member Committee for Association of Indian University (AIU):** Appointed as the member of the committee for preparation, uploading and submission of documents at Association of Indian University.

### **Initiate Taken as Director Physical Education:**

1. **State of the Art Gymnasium:** Created state of the art Gymnasium equipped with all the latest fitness equipment in the year 2011.
2. **Association of NSUT Sports with Corporates:** Corporates like Pepsi, FILA, Shri Ram Group of Companies, Times education group, Carrer Launcher, Numero UNO, CVENT etc were connected with the NSUT sports. The corporates gave prizes in cash and in kinds with other motivational gifts items to students of NSUT.
3. **Initiated a Cash Prize for Students Sports Winners:** Initiated a policy of giving cash prizes to students of NSUT in various categories of Sports to bring more motivation to students.
4. **Sports Kits to Student and Staff:** Initiated a proposal and get it approved to give sports kit to student representing NSUT at various inter College and Inter University tournaments. TO motivate staff towards more fitness and sports activities, sports kits have been given to all the participants.
5. **Initiated Staff Sports Activities:** Initiated a Inter-departmental sports activities for the staff and faculty of the University.
6. **Funds Generation:** Initiated and approved a Policy of Renting out NSUT Sports Grounds to Schools and Corporates on weekends to generate funds.
7. **Professional Sports Coaching:** Initiated a Policy and approved the appointments of Professional sports coaches and Gym Instructor/Aerobics Instructor on contractual basis for the professional sports training to the students of NSUT.
8. **Self Defence Training Programme:** Started a regular self defence training programme for the girls and women safety of the University.
9. **Design the Course of Foundation Elective FE001 and FE002:** Designed the course contents of the Foundation elective course FE001 and FE002

### **New Infrastructure Created as Director Physical Education:**

1. **Gymnasium:** State of the art Fully air conditioned functional Gymnasium
2. **Billiards- Pool Table:** Fully air conditioned functional Billiards -Pool Table facility.
3. **Table Tennis:** Fully air conditioned Table Tennis facility.
4. **Indoor Badminton Court:** Conversion of empty space of student activity room to indoor Badminton Court, without any financial implication to University.
5. **Beach Volleyball Court:** Conversion of empty space/ unutilized space of the sports complex of University to Beach volleyball Facility, without any financial implications to University.

6. **Sight Screen in Cricket Ground:** Fabricated and raised the Sight Screen facility to University cricket ground to (without any financial implications to University)
7. **Centre Turf Cricket Ground:** Relay the Upper soil of central turf of cricket ground.
8. **Practice Nets Cricket :** Created a facility of Cricket Nets cemented and Turf with permanent Net Fixtures.
9. **Net Ball Court :** Conversion of empty space/ unutilized space of the sports complex of University to the Net Ball Court and Nets around the field without any financial implications to University.
10. **Installation of Flood Lights (LED) in Basketball, Lawn Tennis and Volley Ball Court.**
11. **Relaying and re-grassing of Football and Volleyball Court.**
12. **Installation of Centralized Irrigation System (Pump House) for the entire sports complex.**
13. **Raising Nets to the Volleyball and Basketball Courts. (without any financial implications to University).**
14. **Shooting Range:** Raised and get approved the proposal of creation of 10 station Shooting Range at Sports Complex. (Under Process)
15. **Open Air Gymnasium/ Garden Gymnasium:** Get the approval approved for the creation of garden Gym to the users of University. (Procurement Under Process through Central purchase)
16. **Expansion of Gymnasium Equipments and floor area (Renovation):** Get the approval of the expansion of Gymnasium Equipments and the renovation of Existing Gymnasium. (Under Process with Engg. Cell NSUT)

#### **Job profile:**

#### **Planning and Execution of Sports Activities:**

1. **Budget for Sports Activities:** Prepare the annual budget for the student's sports activities with in ans outside the Institute and get it approved from the competent authorities.
2. **Purchase and of Sports Gears –** Preparing the requirement and Purchasing of all the sports essentials required for the year in the Institute.
3. **Maintenance of Records and Stock:** Maintain all the records of students and other essential file work related with stocks and purchase
4. **Inter College Tournament –** Prepare the teams for various Delhi University inter college tournaments.
5. **Intra Murals Tournaments –** Conduct and organize various Inter Class and Open Sports Tournaments for the students of the Institute.

6. **Annual Sports and Athletic meet and Prize Distribution-** Conduct and organize the Annual Sports and Athletic Meet and Prize Distribution annually.
7. **Infrastructure Development** – Develop and Maintain the Sports Arena in the campus measuring about 22 Acres. Standard Running Track of 400 Mtr, Football Field, Cricket Ground, Basket and Volley Ball Courts, Lawn Tennis and Badminton Courts
8. **Gymnasium.-** Develop and maintain the state of Art Gymnasium and Fitness Centre in the Institute.
9. **Fitness Programme-** Plan and organize the various fitness programmes for the staff and faculty of the Institute.
10. **Sponsorship-** Arrange the sponsorship from corporates in form of kinds and cash as incentives and motivation for the students and staff of the Institute.
11. **Tender Document-** Prepare and execute tender for various purchase and Development works.

#### **Professional Training Certification:**

1. Workshop on Management of Sports Injuries-2007.
2. International Orientation course on Sports Medicine (Effective Weight Management)-2008
3. Faculty Development Programme on MOODLE Learning Management System in association with spoken tutorial Project IIT, Bombay- 2020
4. UGC sponsored 2 weeks Refresher Course in Physical Education. -2011
5. UGC sponsored 2 weeks Refresher course in Science of Yoga and Meditation-2020.
6. UGC sponsored 3<sup>rd</sup> National Conference on Latest Trends in Health and Physical Education- 2019.
7. Co-Chairperson at National Seminar on Holistic Approach In Healing-2007.
8. Advance Management Development Programme.
9. National Conference on Role of Physical Activities on Holistic Personality Development-2010.
10. Role of Physical Education and Sports in Nation Building-2011
11. Conference on Technology for Rural India: Challenges and Perspectives-2008
12. Attended Information/Education session on Anti Doping in Sports-2007
13. Awarded Brown Belt in Karate, BodoKai Martial Arts.
14. Awarded 'A' certificate in coaching of Volleyball.
15. Awarded 'B-1' grade sportsman in Volleyball by Sports Department Haryana.

#### **Research Paper Publications at International Journals, International Conference, National Seminar /Conference:**

1. **International Conference on Physical Education and Sports Sciences 2019 : Descriptive Study of Role Played by Exercise and Diet on Brain Plasticity, at Dubai; UAE.-2019**
2. **Research Paper Publications in International Journals (IOSR Journals): Paper Published on "Comparison of the selected Psychological and Anthropometric Characteristics between Successful and Unsuccessful Volleyball Players-2016."**

3. **Research Paper Publications in Online International Interdisciplinary Research Journals ISSN 2249-9598. Volume VI, May 2016: Construction of Rating Scales for Hitting Dribbling and Scooping in Hockey.**
4. **Research Paper Publications in Online International Interdisciplinary Research Journals ISSN 2249-9598. Volume VI, May 2016: Physiological Responses of Distance Runners under Simulated Competition Demands**
5. **National Seminar on Recent Trends in Physical Education and Alternate Therapies 2006. Paper Presented on An Appraisal of Injuries in Badminton.**
6. **UGC Sponsored National Conference on Latest Trend in Health and Physical Education 2019: Paper Presented on Comparative Study on the effects of Exercise and Sleep on the Process of Learning.**

#### **Achievements:**

- **Sports Presentation Manager:** Appointed as a sports Presentation Manager by the organizing Committee of 2010 commonwealth games as Sports Presentation Manager. Organised various sports presentation ceremonies at Karni Singh Shooting Range and Kadarpur Shooting Range.
- **Member Selection Committee:** Appointed member Selection committee for the selections of volunteers for 2010 commonwealth games.
- **Member Selection Committee-** Member of the Selection committee for the post of Sports officer at IIIT, Delhi.
- **Member Selection Committee:** Member of the Selection committee for the post of Physical Education Teachers for Odisha State.
- **Interview Board Member** for the post of PET (Physical Education Teacher) in Odisha, Adarsha Vidyalaya Sangathan, Govt. of Odisha, Bhubaneswar from 10 th March, 2016 to 12th March, 2016.
- **Nominee Delhi University Sports Council:** Nominee for the Delhi University Sports Council for admission under Sports Quota PG and UG.
- **Observer Delhi University Sports Council:** Observer of Delhi University Sports Council for Sports Quota Admissions at various Colleges of Delhi University.
- **Convenor of Inter College Sports Tournament Committee:** Convenor of various Delhi University Sports Tournament Committee inter College Tournament.

**Sports Achievements:**

- **Cycling:** Participated at National and Inter University level competition
- **Swimming:** Participated at State Level competition
- **Athletics:** Participated at All India Inter University, Delhi University and State Level competition
- **Volley Ball:** Gold Medal at Nationals and School Nationals competition.
- **Power lifting:** Gold Medal at District level competition